

**SoCAL CoDA**  
**QUARTERLY MEETING AGENDA**  
**5/7/22 10AM-1PM**

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1. **CoDA Opening Prayer** (10-10:01): In the spirit of love and truth, we ask our Higher Power to guide us as we share our experience, strength, and hope. We open our hearts to the light of wisdom, the warmth of love, and the joy of acceptance.
2. Readings and Intros (10:01-10:10):
  - a. [Purpose](#) Article I.B.1. and 2. (page 1)
  - b. [Traditions](#) Article II (page 3)
  - c. Introductions/Voting members and visitors
    - i. Quorum: simple majority of elected officers and standing sub-committee chairpersons =7 out of 13
3. Board Reports: 2-3 mins each unless more time is needed (10:10-11:05):
  - a. **Chair - Thuy**
    - i. Approve Minutes from 3/5/22
    - ii. Next Meeting (typically first Sat at 10am in Mar, May/June/July plus annual assembly, Sept, Dec)
    - iii. To help us hear everyone, please raise your hand and wait until you are called on before speaking.
    - iv. I'd like to welcome David from the Desert Communities to our meeting.
    - v. Patrick was paid for the SoCal CoDA recordings and they have been forwarded to J.
    - vi. I'll start putting together the Assembly powerpoint and will be reaching out for certain input to be included.
    - vii. Please distribute the video montage flyer to your communities. Besides Kirsten, who else would like to participate in a video about the board?
      1. A sample video can be viewed [here](#)
      2. The submission date was extended to May 20th - An updated flyer can be downloaded [here](#)
  - b. **Treasurer - Jim**
    - i.
  - c. **Vice Chair - Kirsten**

As a Vice Chair I don't have a specific report, however to follow up on my comments about getting the delegates info to use the airfare credit left over from COVID cancellations, I am happy to say that two of the delegates were able to use my old credit from 2020. My understanding is that we unfortunately have not been able to find or get access to the other canceled flight, so we may need to decide what we want to do about that.
  - d. **Immediate Past Chair - Christine**
  - e. **Recording Secretary - Tammy**

Please see minutes
  - f. **Corresponding Secretary - Autumn**
    - i. 4/15/22 - I needed to make more copies of the thank you letters, as well as purchase stamps and envelopes. ( I found a place that does free copies! )
    - ii. 4/16/22 - Using the updated spreadsheet (Dec-Feb) I received from the treasurer, I wrote out about 20 thank you notes, and dropped them off at the post office.
    - iii. Please check that your contact information is accurate, mark if you are receiving the board email, and initial under today's date to indicate your attendance:  
<https://docs.google.com/spreadsheets/d/1laQ9PQhJ50G2Jvl85rkFSoyItHG52OBKD26YS9XCyVw/edit?usp=sharing>
  - g. **Webmaster Chair - J**

I was directed to send and have successfully sent my first Mailchimp message. It was quite intuitive and easy to do! I have a report on the data regarding views/clicks/etc and some ideas for future blasts.

Development of the Website continues apace. I HOPE to unveil it at assembly via recorded video and release it right after conference (so as to not create link confusion during conference). I have received two messages of interest in helping with the images for the site. This will make a difference in the timeline.

I am also introducing a motion today to create a channel to house the past recordings.

Thank you for letting me be of service.

**h. Historian - Joe**

**i. Hospitals and Institutions - Sharon H.**

**j. Community Representatives**

- i. The Valleys CoDA - Sharon A
- ii. Intergrupal de CoDA en Espanol - Lucia
- iii. San Diego - Aaron (Diane P - alt)
- iv. Orange County - (not active)
- v. LA CoDA - Tom F (Blair - alt)
  1. - Most meetings are still meeting on Zoom and a few have permanently moved to that format.
  2. - The Downtown LA Share facility has reached out to let us know they are back open for business, so we are dispersing that information.
- vi. Desert Communities - David M

**k. Sub-Com Chair - Conference Purpose - Thuy**

We met three times (3/31, 4/5, 4/19). We determined that the purpose of the survey was to collect data on what the fellowship viewed as the purpose of the conference. We also decided to collect data that would help us create a game plan to increase attendance at the assembly since our bylaws clearly lay out the need for an assembly.

We discussed and GC'd the following [survey](#) and plan on announcing and distributing the survey at the 2022 SoCal CoDA Conference.

**l. Conference Facilitator - Christine**

**m. Ad Hoc SoCal Conference Planning Committee - Gary**

**n. CSC Delegates - Linnea (1), Sharon A (2), Vanessa (alt)**

- i. 2022 CoDA Service Conference: Aug 21-25 and International CoDA Convention: Aug 26-28 in Rapid City, South Dakota
- ii. 2023 CSC in Texas?

**4. Old Business (11:05) (Reminder to count voting members)**

- a. Conference Committee Motion:** I would love to put in a motion that SoCal has an events committee that can work on the conventions in Palm Desert, LA, San Diego and now we have the TVCC Valley's. One committee under the same umbrella, maybe just a two or three year commitment put a service team together and work on the Convention and assembly a year ahead of time for whichever is the hosting city.

11:15-11:30am Break

**5. New Business**

- a. **Motion** to create a distribution channel for the archive of recordings. Maintenance of the channel to fall under the purview of the webmaster.  
Make the following changes to By-Laws (V, C, 12. WEBMASTER):  
Remove sentence 3 ("Shall perform other duties as may be assigned by the Chairperson or Board

of Trusted")

Replace with: Maintains the online recordings archive. Shall perform other duties as may be assigned by the Chairperson or GC of the Board.

**History:** SoCalCoDA has paid a small amount to obtain recordings of several years of SoCalCoDA conference workshops and speakers. Additionally, recordings of our virtual conferences have been put online in various ways, including Google Sites.

**Scope/Consequence:** This motion as written would be a By-Laws change and would require ratification at the 2022 SoCal Assembly. It would change the By-Laws (Changes proposed in Section B, paragraphs 1 and 2 shall be reviewed by The Committee with a simple majority necessary to present them at the following annual Assembly) and then require a new By-Laws version to be produced and published (which would be the webmaster's job, I guess, since the By-Laws don't actually say who is in charge of maintaining the By-Laws).

**Rationale:**

To my way of thinking, recording the workshops and speakers (hereafter: "the recordings") and making them available is a service we provide on behalf of the codependent who still suffers. A suffering codependent is probably not in a mental space of wanting to search through several disparate online locations (2020 conference website, 2021 conference website, 2022 -- you get the idea) nor, years later, does it make sense to expect anyone to remember which recording is from which event. Therefore, having a one-stop place to find the recordings would be beneficial.

Why not host the recordings ourselves? 1. While GreenGeeks offers "unlimited" disk space, they have a practical limit of 10GB ([source](#)). 2. Simplicity. As a volunteer-run organization, I would like to de-emphasize the complex technical operations involved in maintaining a website server and instead use a streaming service with "upload and publish" options to help keep the process simple.

**Special Note, but not technically part of this motion:** Left to my own devices, I would likely make a YouTube account associated with the socialcodawebmaster@gmail.com email account. HOWEVER, youtube tends to prefer video. We might decide, for example, to post recordings as a "podcast" or other streaming service(s). Please speak with (or email) me outside the regular meeting if you have strong opinions here. I'd also be open to adding one or more questions to the survey going out at conference (or write a separate survey) to get a feeling from the fellowship.

- b. What would we like to do about the flight reimbursement from Mirka?
- c. Other?

6. Reminder: Next meeting will be \_\_\_\_\_

7. **CoDA Closing Prayer (1:00):** We thank our Higher Power, for all that we have received from this meeting. As we close, may we take with us the wisdom, love, acceptance, and hope of recovery.

**Notes:**

**CHANGES TO THE BY LAWS**

- All changes in the By Laws of the Southern California Regional Committee of CoDA, be they additions or amendments, require a two-thirds majority vote of the Regional Assembly.

Additions and amendments may be proposed in any of the following ways:

1. Submittal to SoCalCoDA by any member of CoDA in the Southern California Region.
2. Motion at a SoCalCoDA quarterly business meeting.
3. Motion on the floor of the Regional Assembly; simple majority approval shall require ratification at the following annual meeting.

Changes proposed in Section B, paragraphs 1 and 2 shall be reviewed by The Committee with a simple majority necessary to present them at the following annual Assembly. The Committee may implement, by two-thirds majority vote, any of the above-proposed changes throughout the working year, subject to approval by two-thirds majority of the Regional Assembly at the next annual meeting.

Other items for Regional Assembly:

- Sharon A as Delegate 2
  - Marlene was voted in as Delegate 2 at the Regional Assembly in 2021 and stepped down in December 2021.
  - Since the Delegate 1 position was for more than one year, Sharon was temporarily appointed based on her volunteering and then we'll have an election at the next Assembly.
    - VACANCIES
      - Vacancies of less than one year (therefore to expire at the next Assembly) may be filled:
        - temporarily by appointment of the Chairperson of SoCalCoDA, subject to ratification by The Committee.
        - by election of The Committee should the Chair choose not to make an appointment, or should the committee not ratify an appointment by the Chair.
      - If the unexpired term is for more than one year, it may be temporarily filled as above, but an election must be held at the next Assembly to fill the vacancy and complete the unexpired portion of the term.