

Minutes

SoCAL CoDA Quarterly Meeting

March 7, 2020

OPENING - Meeting commenced at 10:13 AM

- Opened with CoDA Opening prayer
- Volunteer read the Purpose
- Volunteer read the 12 Traditions
- Introductions around the room

REPORTS -

Officers:

- Chair (Christine)
 - Requested substitute for the absent Recording Secretary
 - Requested Motion to adopt Minutes provided electronically
 - There was a motion and a second
 - The vote was Y=5, N=0, A=5
 - There was discussion about whether the motion carried or not
 - Chair concluded that it was time to use the rare tie-breaking power and cast an affirmative vote.
 - The motion carried Y=6, N=0, A=5
 - The chair postponed the discussion of the date for the next meeting until after the reports
- Treasurer: (Thuy)
 - Reported on the expenses and income for the second quarter.
 - Reported that some meetings are still sending 7th tradition donations to the old address and will need to call those groups to inform them of the new address.
 - New address is:
10866 Washington Blvd
PO Box 1266
Culver City, CA 90232
- Vice Chair (Darlene H) Absent - No Report
- Immediate Past Chair (Darcie) – No Report
- Recording Secretary (Lauri-Ann) Absent - No Report
- Corresponding Secretary (Corey)
 - Gave a brief report on his replies to 7th tradition donations
- Webmaster (Joe) Absent
 - A member read the submitted email report which recommended values for budget line-items
- Historian (OPEN) - No report
- Hospitals and Institutions (OPEN) - No report

- j. Community Representatives:
 - The Valleys' CoDA (Susan) – No Report
 - Spanish Speaking Community (Rosa)
 - Spanish speaking community wants to help with SoCAL Conference 2020 and would like to participate in the next teleconference.
 - San Diego (Marlene)
 - Brief report
 - Passed out flyers for 3rd Annual Sister's Day, Saturday May 2nd.
 - Orange County (Not Active) – No Report
 - LA CoDA (Will)
 - Reported that elections were held and officers in place
 - Reported that cost savings was found by eliminating the storage unit.
 - Desert Communities (no rep) – No Report
- k. Sub-Com Chair – Bylaws Changes (Darcie) – No Report
- l. Sub-Com Chair – Conf/Assembly Purpose (Darlene, Lauri-Ann) – Absent –
- m. Conference Facilitator (Sharleene)
 - Report the Conference committee is close to selecting a Theme
 - Team continues to look for venues
 - Team still requires a Conference Treasurer
 - Is grateful for the teleconference type meetings
- n. Conference 2020 Chair (J)
 - Report that Team requires a Conference Treasurer
 - Finding a venue sucks
 - The Coronavirus CoVID-19 may play a part in attendance this year
 - Will reach out the Spanish speaking community for involvement
 - The next planned conference call will need to be rescheduled
- o. CSC Delegates (Kirsten, Rosa, Mirka) - Brief report

OLD/UNFINISHED BUSINESS - None

NEW BUSINESS -

- **Recounted voting members present = 11**
- **Motion 1: Proposed SoCAL Budget for Fiscal year 2020-2021- Treasurer:**
 - Distributed a proposed budget for the 2020-2021 Fiscal Year See Attachment 1.
 - After discussion, several amendments were made:
 - Delegate's travel allotment decreased from \$1565 to \$1500 each
 - Quarterly meeting increased to \$268
 - Historian supplies increased to \$100
 - Webmaster line increased to 225
 - New total expenses projected to be \$8602, with a net loss for the year of \$102
 - Motion made and seconded to take amended budget to assembly for approval

- Motion Carried Y=10, N=0, A=1
- **Motion 2 – SoCAL Bylaws revisions to reimbursement for delegates and alternate delegates - Treasurer:**
 - See Attachment 2 for body of the proposed bylaws changes
 - Some discussion was held and proposed changes were accepted
 - A member “Called the Question” which carried Y=8, N=0, A=2
 - Motion made and seconded
 - Motion Carried Y=9, N=0, A=1

Note This motion was originally tabled by a vote of Y=9, N=1, A=1 due to the fact that there was not printed copy available. It was reconsidered after dialog during the break.

- **Motion 3 – Voting Entity Issue: 30 Seconds to connect with HP before votes at CSC – CSC Delegate #2:**
 - See Attachment 3 for body of the VEI
 - After discussion the motion was moved and seconded
 - Motion was carried – Y=11, N=0, A=0
 -
- **Motion 4 – Voting Entity Issue: Request for summary of upcoming CSC motions – CSC Delegate #1:**
 - See Attachment 4 and 5 for bodies of the two VEI versions discussed
 - After discussion of the VEI drafts the CSC delegates declined to go forward with a motion and intend to continue working on the VEI text.
- **Open Discussion Topic 1 – Conference Committee**
 - Planning Committee sought inputs on options under consideration:
 - Plan a, regular 3-day conference in the summer
 - Delaying the convention to the fall
 - Having a broadcast teleconference of some sort

VII. ADJOURN (1:04) Closed with Serenity Prayer

Attendees: Christine K., Kirsten S., Will D., Thomas F., Susan A., Thuy, JW, Sharleene L., Evelyn T., Marlene E., Rosa S., Corey L., Darcie, Mirka S.

Attachment 1

Proposed Budget for 2020-2021 Fiscal Year

	ACTUAL Year 2015/2016	ACTUAL Year 2016/2017	ACTUAL Year 2017/2018	ACTUAL Year 2018/2019	BUDGET 2019/2020	PROPOSED 2020/2021	Comments
INCOME							
7th Tradition Receipts	5698	4787	4880	4613	4800	4800	
Conference Seed Money Returned	1500	1700*	1700	1700	1700	1700	
Conference Proceeds	2523	0	1180	2199	2000	2000	
Other Income	237	270		1680			
TOTAL INCOME	9958	6757	7769	10192	8500	8500	
EXPENSES							
Bank Charges	38	68	27		40	20	
Conference Seed Money	1500	1700	1700	1700	1700	1700	reduced
Assembly Lunch Subsidy Given	800	800	1000	1000	1000	1000	
Additional Conference Expenses		3487**					
Delegate 1	896	417	1603	752	1500	1565	
Delegate 2	1917	1149	793	1218	1500	1565	
Alternate Delegate		1046		1000	1500	1565	
Quarterly Meeting		0	29	150	200	200	SHARE! Rent \$50 x 4 (we need to look at time)
Mileage Reimbursements					300	300	2 round trips (see calculations below)
P.O. Box Rental Fees	160	160	166	299	240	159	\$99 + \$57/mo for forwarding
Social Board Supplies (Printing/Copies/Postage)	74	94		98	100	100	0 Decreased - motions no longer printed & distributed Carried over from 2018/2019
Delegate Printing and Supplies					0	0	Reduced since stored online
Historian Supplies	46				100	0	Combined with Social Board Supplies (see notes below)
Supplies	100	20	61	151	220	220	
Website Fees	5531	8941	5379	6368	8500	8494	
TOTAL EXPENSES	4427	-2184	2390	3824	0	6	

Attachment 2

Strikethrough = delete *Italics* = add

ARTICLE IX

BUDGET, FINANCES AND REIMBURSEMENT

G. GROUND TRANSPORTATION

1. Ground transportation ~~will only~~ *may* be reimbursed for travel from the officer's home to the event location and return.]

H. OTHER EXPENSES

2. Costs for meals during SoCalCoDA and sub-committee meetings will not be reimbursed, with the exception of multi-day events where the officer/member cannot travel back and forth from their primary residence each day. ~~While participating in a SoCal CoDA business event/meeting outside of the SoCal Region, reimbursement will be up to \$40.00 per diem. .~~
3. *While participating in a SoCal CoDA business event/meeting outside of the SoCal Region, reimbursement will be up to \$XX.XX per diem and can include meals in cases of multi-day events as described above. In cases of a multi-day event in a locale where this amount will not cover reasonable costs, the committee may approve a higher per diem for that event.*

Note: \$XX.XX was chosen to be \$50.00

**Attachment 3
Voting Entity Issue #1**



**CoDA Service Conference 2019
Voting Entity Issue Form**
(Also See Voting Entity Issues Guidelines)

Voting Entity: SoCal
1/29/2020

Date:

Delegate: Kirsten Stoneley
#: _____

Revision

Rev Date: _____

Voting Entity: Please fill out #1, #2, #3, #4:

1) Voting Entity Issue background information:

CSC Conference procedures item 8 (FSM Part 4, pg 7) describes the option of calling for "thirty seconds" of silence to ask for Higher Power guidance on a particular issue. A motion was passed at the 2019 CSC to call for "thirty seconds" prior to each vote on a motion. This motion was brought to the floor by a SoCal delegate, and it was positively received through the rest of the CSC proceedings. The SoCal Voting Entity now supports the continuance of this practice in the future with this VEI.

2) What is the Issue or concern?

The desire is to allow the voting members of CSC to have some moments to connect with their Higher Powers for guidance and direction on the vote of each motion that is considered.

3) Suggested resolution for the issue:

Call for "thirty seconds" prior to each vote on a motion at all future CoDA Service Conferences, and to update the FSM accordingly with that procedure.

4) Remarks or additional information:

(Data entry purpose only)

Result - Assigned to Board or which committee:

Date:

Attachment 4
Voting Entity Issue #1 Version #1



CoDA Service Conference 2020
Voting Entity Issue Form
(Also See Voting Entity Issues Guidelines)

Voting Entity: SoCal
1/29/20

Date:

Delegate: Rosa Saca
#: _____

Revision

Rev Date: _____

Voting Entity: Please fill out #1, #2, #3, #4:

1) Voting Entity Issue background information:

In order for delegates to represent at CSC the opinions of the membership of their intergroup, the general CoDA membership needs to have a basic understanding of what motions are going to be presented at CSC. However, the motions as included in the delegate package can be a daunting read.

To inform the area members of upcoming motions and to receive member input, SoCal has collaborated with NorCal to create an on-line survey with summaries of each motion. You can find the survey at this link [CoDA World Survey 2019](#).

One of the most labor-intensive aspects of putting the survey together has been summarizing each motion into just one or two sentences. Such a short summary may not fully describe each of the motions, but it provides basic information as to the intention of each motion. On the SoCal survey, further specifics, including the full motion and links

to relevant documents, are also made available to the extent possible.

2) What is the Issue or concern?

The question was raised at SoCal as to whether short summaries of each motion could be included as part of all motions as presented in the delegate package. These summaries not only could be copy-and-pasted into materials made available to area members, such as in the SoCal Survey, but could also serve as a useful summary to delegates as they first start to review the motions in the delegate package.

3) Suggested resolution for the issue:

Add a new section to the Motion form to include a short summary of the motion. Guidelines might be that the summary be no more than one or two sentences, ideally less than 30 words, no more than 50 words summary of the motion. This summary would be included with the motions in the delegate package. This short summary clearly cannot fully describe longer motions or relevant background, but it can provide basic information as to the intention of the motion. See sample below.

For example, these are a few summaries of 2019 motions:

-
1. Removing the foundational documents as a requirement at meetings
 2. Removing the following questions from the Am I Codependent pamphlet- "Do you have to believe in God to belong to CoDA?" "What is the difference between CoDA, AI Anon and ACA?" "Can you recommend any books, therapists, hospitals that treat codependence?"
 3. Adding Crosstalk to the Attending Meetings pamphlet
 4. Adding a brief history of CoDA to the "What is CoDA" pamphlet
-

4) Remarks or additional information:

FYI – here's what's on the LA CoDA webpage; see the link below and scroll down to the section titled "Sept. 7 Voice Your Vote" to see the reviews of the motions and summaries.

<https://sites.google.com/view/lacoda/news>

(Data entry purpose only)

Result - Assigned to Board or which committee:

Date:

Attachment 5
Voting Entity Issue #1 Version #2



CoDA Service Conference 2019
Voting Entity Issue Form
(Also See Voting Entity Issues Guidelines)

Voting Entity: SoCal
1/29/20

Date:

Delegate: Rosa Saca
#: _____

Revision

Rev Date: _____

Voting Entity: Please fill out #1, #2, #3, #4:

1) Voting Entity Issue background information:

In order for delegates to represent at CSC the opinions of the membership of their intergroup, the general CoDA membership needs to have a basic understanding of what motions are going to be presented at CSC. SoCal has collaborated with NorCal to create an on-line survey with summaries of each motion. Any area CoDA member is invited to take the survey and express opinions on the motions to be presented that year at CSC. See link to 2019 CoDA World Survey below.

Can CoDA World (or a subcommittee therein) make available short summaries of each motion, such as those seen in the 2019 CoDA World Survey at the link below? To avoid one person/committee being tasked with summarizing all of the motions submitted, perhaps require that a short summary (eg. approx 50 words) be submitted along with every motion. Could such summaries be made available on the CoDA.org website, accessible to delegates and the general CoDA membership?

2) What is the Issue or concern?

It is daunting for intergroups or delegates to ask the area membership to review the entire delegate package in order for them to provide their thoughts to their delegates for their voting preferences. If a summary were made available through the CoDA.org website or other means easily accessible, then the membership would be more involved in the process of voting on the motions.

3) Suggested resolution for the issue:

Can a new section be added to the Motion form for an approximately 50 word summary of the motion? For more complicated issues, **this the 50 word summary can be used to describe** ~~would be~~ the overall concept of the motion.

For example, these are a few summaries of 2019 motions:

-
1. Removing the foundational documents as a requirement at meetings
 2. Removing the following questions from the Am I Codependent pamphlet- "Do you have to believe in God to belong to CoDA?" "What is the difference between CoDA, AI Anon and ACA?" "Can you recommend any books, therapists, hospitals that treat codependence?"
 3. Adding Crosstalk to the Attending Meetings pamphlet
 4. Adding a brief history of CoDA to the "What is CoDA" pamphlet
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Result - Assigned to Board or which committee:

Date: