

## SoCal CoDA Regional Committee (SCCRC) Quarterly Meeting - March 2, 2019

We opened at 10:09 am with the CoDA Opening Prayer [Christine], reading the Purpose [Gary] and the Traditions [Kerry] followed by introductions.

12/1/18 List of attendees: **Christine** [chairperson], **Darlene** [vice-chairperson], **Thuy** [treasurer], **Corey** [historian], **Caryn** [recording secretary], **Rosa S** [Alt. CSC Delegate], **Will D** [LA CoDA Rep], **Gary J** [SoCal Conf. Chair (San Diego)], **Susan A** [TVCC Rep], **Alison R** [guest & TVCC Vice Chair], **Hal H** [SoCal Conf. Facilitator], **Kerry L** [Desert CoDA Rep].  
{11 attending: 10 voting members + 1 guest}

### Reports

#### 1) Officer reports

##### a) Chairperson: Christine –

- i) **Approve Minutes** - Set aside 5 minutes to review the Minutes from December 1, 2018. No corrections were indicated. There was one question about 1)e); Christine clarified that the funds mentioned were per the agreement made with last year's SCCC hosting meeting to use the funds toward a retreat, not toward a conference.  
Moved to accept: Corey, Second: Gary J  
Passed: in favor 7, opposed 0, abstaining 3
- ii) **Set Next Meeting** - Verified next Quarterly meeting will be May 4, 2019; 10:00am-1:00pm at Share! in Culver City. ;  
Moved to accept: Corey, Second: Darlene  
Passed: in favor 10, opposed 0, abstaining 1
- iii) **Report** – As a trusted servant she proposed to use a timer for reports to encourage brevity; if more time is needed, we can set an extension timer of 1 or 3 minutes. If you think your report will go very long, we'll move that to New Business, after the break. It's not a hard and fast rule, just to help us keep the meeting moving along.

**00:13:04**

#### Treasurer: Thuy -

Thanks everyone for being so understanding about bringing her son to the meeting.

She thought the meeting would end at 12:00pm [not 1:00pm] so requested to move budget discussion forward on the agenda; Christine agreed.

Thuy distributed hard copies of the report and reviewed them verbally [see attachment (which will be included with the final draft of these minutes)]

Yucca Valley proceeds will actually be paid to The Institute of Mental Physics, not the retreat center.

Kerry asked a question: at the top of the regional committee report - it says 2019, should it be 2018?

Response: Thuy said the second quarter needs to be changed to 2019 and "thanks for catching that."

Corey asked a question: Did anyone else besides him get the forwarded email for the "friendly reminder for the PO box balance due" which starts off "Dear Terry...?" Response: No one else had gotten the email. [see attachment (which will be included with the final draft of these minutes)]

**00:18:14**

**Immediate Past Chair:** Darcie, not present - no report

**Vice Chairperson:** Darlene - no report

**Recording Secretary:** Caryn -

Requested that everybody who has a written copy of your report, please email or hand a copy to her. As it helps her be more present and participate in these meetings. Also, when the minutes are distributed, please pay extra attention to what *you* said; she wants to make sure to represent what you said accurately and not rely solely on memory or the recording device (which deleted all of the files last time, without warning).

**Corresponding Secretary:** Lauri-Ann, not present – emailed a note to Christine regarding thank you notes that were sent out and reimbursement for postage

**Historian:** Corey– he has not received anything, so...”I'm here.”

**Hospitals and Institutions:** Pauline, not present - no report ... Christine asked if anyone had heard from Pauline since she's not been at the meetings; Darlene confirmed that Pauline has vacated the role

**00:21:01**

**Conference Facilitator:** Hal -

Introduced Gary, the 2019 Conference Chair from the San Diego Community; he's grateful to work with Gary, as they've worked well together on other things in the past.

Hal mentioned hearing rumors about next year; regarding Sharon from Lancaster being the 2020 Conference Chair... Christine confirmed that and added that TVCC has expressed interest in being the hosting community.

Hal said all of that got started with conversations that he had with people at the [inaudible] CoDA conference.

He wasn't here in September because he couldn't come back from Europe at that time.

He tried to recap the nature of his position as Conference Facilitator because he'll be vacating the role after this conference; in essence “I'm still doing exactly what I always do at meetings, I bring fruit and something sweet... a lot of it's about praying and coming to Higher Power and talking and having productive meetings during the events”

He will try to do that again, “especially if we already have [things started for] 2020... maybe we'll get 2021 going too, I don't see why not with God's help.”

**SCCC Chairperson 2019:** Gary -

Site is Marina Village Conference Center, San Diego - beautiful by the bay

We have the main room, “Captain's Room” and two smaller rooms for breakout work sessions.

the next thing is to get on the so cal conference account (after the meeting) and then gather members for the committee and then creating the save the date flyers and getting it sent out is the first thing on the agenda. It will be a one day conference on Date is June 8, 2019. The start time has not been determined. He's talked with Rosa about possibly having Spanish workshops as well. The food committee has not been formed yet.

Rosa asked about the difference between the upcoming Yucca Valley Retreat and the San Diego [SoCal CoDA] Conference – Christine explained about the division of the proceeds from the 2018 SCCC. (This has been included in previous meeting minutes as well as in Christine's report in these minutes.)

**Webmaster:** Joe, not present - report submitted via email

Christine read it to the group:

"The socalcoda web site is updated as much as possible.

Work to upgrade to wordpress for socalcoda.org is still in progress.

Please advise on any necessary updates for the socalcoda website.

I am looking forward to supporting the upcoming conference with whatever online registration system is selected by Hal, Gary and their committee.

The occoda.org domain has been moved over to the care of socalcoda domain registration.

Free webhosting was found for occoda.org, but in a word, it is "blech." Shauna is requesting to take over the occoda.org web site, and I await the board's GC, if the board wishes to bring it up on Saturday. The current occoda.org web site only has a link to the coda.org meeting finder and instructions on how to find meetings in the OC area. I plan to update it to include more information, however,

the socalcoda.org website remains at highest priority for socal.

I shall miss you all tomorrow.

Peace and Love,

Joe"

**CSC Delegates:** [Delegate 1, France and Delegate 2, Kirsten, not present] **Alt Delegate, Rosa –**

No report from Kirsten, the delegates have not had a meeting, they plan to have a meeting later in March.

Due to Thuy's time issues, Christine brought up the possibility of moving the budget up in the agenda.

**Motion to move budget discussion up:** Hal, Second: Corey

Unanimous in favor, 1 abstaining

**Proposed Budget: Thuy** discussed the proposed budget and the reasons for the minor increases or decreases in line items as compared to last year's budget. [see attachment (which will be included with the final draft of these minutes)]. Thuy asked for input about reducing the SCCC budget; Darlene says \$2,000.00 a doable budget, it's reasonable for the conference.

Kerry asked for clarification about the round trip travel expense; Thuy explained that the budget allows for each Intergroup Representative to request mileage reimbursement for traveling to the quarterly SCCRC meetings. (No one has requested such reimbursement in recent history).

Darlene asked about adjusting the budget by \$10.00 to account for the new PO Box fees.

Kerry asked about adding \$14.00 to any line item just to make the balance 0-out on the bottom line; it was decided not to make that change.

**Motion to approve:** Darlene, Second: Corey

Unanimous in favor, 1 abstaining

**Motion to move PO Box discussion up:** Darlene, Second: Kerry

Unanimous in favor, 1 abstaining

A short break was taken for Thuy and Caryn to each organize their things before moving forward.

00:55:00

**PO Box Options** – Thuy referred to her email [see attachment (which will be included with the final draft of these minutes)].

We actually have 3 keys, because the 2nd key was misplaced and discovered after the 3rd key was obtained.

Discussion: last year was \$166, if we stay at the same location the price goes up by \$176.

Darlene asked for Thuy's recommendation for moving forward.

Thuy recommends having two P.O. Box addresses for a year and that the corresponding secretary would include notes for the rest of the year to indicate the address change, plus the USPS offers 6 months of mail forwarding. That would allow for 18 months of transition time.

Rosa asked: if we lose/choose not to continue with the current address, would they forward the mail. They will, for six months, but in Thuy's experience, the Post Office is not always reliable in forwarding mail.

Kerry asked if that would mean having two budget items for a year. Yes, it would.

Agreements can be 3 month, 6 month or 1 year. USPS scanning & notification service option.

Kerry asked about renting for 6 month plus the 6 month forwarding period.

Thuy recommends the year-and-a-half plan.

Kerry moved to keep the USPS box for 1 year, rent the iPostal box for 1 year; and leave the current box in Terry's name (Thuy confirmed that Terry had agreed to that arrangement.)

Christine asked if we should table the issue until May. Kerry reminded us that the renewal is due this month, and so we'd need to decide at this meeting.

Caryn added that the sooner we start the new iPostal PO Box the better because doing so later will reduce the overlapping transitional time and with a volunteer situation, the more time the better.

Corey asked for point of order to find out if the motion had been seconded; it had not, so Corey seconded it himself.

Darlene asks, because the USPS will not remove Terry's name from the PO Box account without closing the account completely, have we considered waiting to see if we can get the same PO Box address after the Post Office's transition period, or with this motion are we committing to change our address, regardless?

In another year, we can decide to keep both addresses?

Yes but iPostal should work because they will bundle mail and forward it physically to whoever takes the PO Box position in the future.

Add to the motion that the corresponding secretary will include an address change note with outgoing mail/emails.

The updated address would be provided to the SoCal webmaster and communities' webmasters and flyers may be created and distributed

**Motion to open a new PO Box with iPostal thereby changing our address:** Kerry, Second: Corey  
Unanimous in-favor, 1 abstaining

This will impact the 2018-19 budget/expenses.

**01:21:20**

## **Intergroup Representative Reports**

### **Desert Communities: Kerry L**

- New website/webmaster is using mail chimp to send out a new newsletter, which has been very well received.
- Added 4-5 additional meetings (18 or 19 /week)
- Held a Valentine's Day CoDA dinner party, which went well
- Held 3 speaker events in February, thanks to special events coordinator Marybeth
- Lots of opportunities for an area of that size it's pretty remarkable

### **LACoDA: Rep. Will D, Alt. Rep. Todd, not present**

- As Thuy reported in December, Marty and Christine did the marathon meetings for Thanksgiving, Christmas and New Years. An average of 7-8 people attended each meeting.
- Doing a lot of work; Taji is the chair, Darlene is the co/sub chair
- Established an ad hoc finance committee
- Monthly LA CoDA meetings are on the second Saturdays at 10am-11:45 at Share!

### **TVCC: Susan A**

- Upsurge of energy and participation is very exciting
- Had elections and almost all positions are filled
- A lot of new meetings, they're going well
- Alison will be helping Lefty visit meetings that we're not sure exist
- A couple of motions about new meetings applying for seed money - financial help for expenses of setting meetings up; was moved and amended several times and has many of us getting on coda.org to find out about the traditions.
- Alison has questions, seeking feedback and soliciting advice after today's meeting about the traditions – guidance would be appreciated. Christine let Alison know that it can be brought up as a business item for discussion here at SoCal.
- Corey asked about the Saturday Sierra Madre meeting; it's on the meeting list, but it was dark when visited and the contact person has not responded to calls. Alison and/or Lefty will look into it, thanks.
- Rosa shared that she went to a meeting on Monday in Pasadena and the meeting is not there any longer; then she went to another meeting and arrived 20 minutes after the start time and it was dark too – but someone said that the people who were there left after 15 minutes. Alison and/or Lefty will look into it, thanks.

**11:50 Break**

**12:01 Reconvened** with the serenity prayer

## Business

### Unfinished Business

**Bylaw Change Ad Hoc Committee:** no report

**Conference purpose committee: Darlene –**  
report sent via email

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### Old business –

**Po Box:** see above in these minutes; Thuy's report and discussion before the break

**So Cal Board email check-in;** is everyone receiving their socialcoda.org emails? Yes for everyone except Will & Susan, and they will be added soon.

**2020 SoCal CoDA Conference planning:** Susan confirmed that TVCC wants to host it with Sharon as chairperson.

### New business –

**World CoDA fellowship info session:** the flyer emailed out was for illustration purposes – moving to have it hosted by SoCal CoDA,

Background: discussion prior to the world conference CSC in October did not happen, but there is a huge gap in understanding between the home meeting level and the world service level.

Darlene will host the call. It's not a "Delegate Thing" unless we decide to make it a requirement. In la were talking about a lot of different meeting-sponsored fellowship events (bowling, etc.)

At a conference a few years ago, it was offered as a workshop but was not well attended in comparison to other workshops offered.

Gary asked how do we present it to make it exciting and how were connected.

Hal covered by Gary about including in the conference.

There are a lot of people who have interest and have attended conferences, but don't understand the world level.

Corey responding to Gary – how to excite people; I don't try to sell or promote it as exciting, but I talk about how it's benefited me and why it's important, ask them questions, how did you get the information, the literature, etc... work is required – I tell them candidly sometimes the meetings are hectic or tedious, but this is what keeps the program going.

**Christine recapped the motion:**

**Corey seconded**

Rosa asked for clarification.

The floor at the CSC can get pretty steamy, like the changes to the welcome reading, the recovery prayer, outside literature and other changes.

Darlene read the Recovery Prayer.

Christine asked if there were additional questions? There were none and she called for the vote.

8 in-favor  
1 opposed  
1 abstaining

**Vice Chair term of service change: Darlene –**

To change article 5 b 3 ([see email](#)) ...

The benefit of making the change would be reducing the confusion. For example: At the Assembly in Yucca Valley, I [Darlene] was asked to run for chair, but I had already committed to a 2-year term as Vice-Chair so I couldn't.

Gary said in San Diego that they vacate the vice chairperson position to fill a vacant chairperson position and then they fill the vacant vice chairperson position.  
If there's a 2-year term as vice chairperson, a 2-year term as chairperson (which is not an expectation) and then 2 years as the immediate past chairperson, it amounts to a 6-year commitment.

Kerry asked for clarification.

Alison asked for clarification.

Hal said that two of the opponents are not present today.

Hal asked if there is a sub-committee regarding this bylaw change? No, it was brought up at the December meeting.

Christine asked if Darlene would like to table the motion. Darlene declined.

Christine reminded the Board that if we approve it today, it won't take effect until the Assembly can vote on it in June.

Take a 30 second Higher Power check-in...

Called the question

8 in-favor  
0 opposed  
2 abstaining

**OC CoDA Website –**

Hal says it falls under "special worker".

Darlene moves to let webmaster give access to the occoda website to \_\_\_\_\_

Seconded by Corey

8 in-favor  
0 opposed  
1 abstaining

**H&I chairperson position** – there is unofficial word that the current chair is stepping down so we don't need remove her from the position  
No vote needed.

Motion to adjourn: unanimously in-favor  
Closing prayer read by Will.